

Spiritual Levitation

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The Other side of Abstemiousness

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“Your writing is both inspirational and motivating...”

Halima Sarki

Abuja Nigeria

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Introduction

In The Name of Allah, The Entirely
Merciful The Especially Merciful

This is a book about quotes I wrote
when I had gone through my fair
share of trials whilst travelling
abroad, and the positive lessons I

learnt through my toil and struggle-
by the will of Allah

I have purposely kept it short,
for brief reading.

Text(Matn)

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. Face your fears, and pray to Allah
always

2. You can never attain true success
(i.e. in this world and the next life),
until you worship Allah correctly and
seek His assistance continuously/
continually

3. If you choose a life of worshipping
Allah in all that you do in your life,
then(by His will), all that you desire
will come to you submissively.

4. Every time you feel like giving up, turn back to Allah(whole heartedly)

5. Concentrate on bettering yourself. The general rule of thumb is that the better you are, the more those around you get affected positively.

6. Keep on being patient, and never stop being patient, until your soul exists the collarbone.

7. In patience, there is wisdom from Allah. He is showing you that He is The One that controls everything

8. Modern day monks(and practitioners of abstemiousness) can sometimes be found in cities and towns.

9. The more you practice Zuhd(Orthodox Islamic Abstemiousness), the more your heart lets go of the world. Then the

more the world clings on to
you(metaphorically speaking)S

Bonus Chapter

General Cycle of a Software

Engineering Project

1. Requirements specification

2. Objectives of the new Project

3. Design i.e.: prototyping,
wireframe diagrams, use of
UML(unified modelling language)
etc.

4. Software programming/
Implementation of the actual code
for the Software

5. Testing the Software i.e.

a) unit testing

b) black box testing

c) White box testing etc.

6. Deployment- i.e.

Making the software live to to the
end users

a. i.e. continuous Integration and
Deployment(CI/ CD) as in the Agile
Methodology

b. In the waterfall model, generally
deployment happens only once in in
the project.

7. Documentation:

This is done more in the Waterfall model for example.

8. Maintenance (of the Software System)

FINAL PRAYER

All Praises abundant and plentiful
belong to Allah, and peace be upon
his final Messenger Muhammad,
peace and blessings be upon him,

his family, his companions and all of those that follow them till the day of Judgement.

FINAL WORD

If you liked the reflective quotes, check out in the links below what was part of the fruits of this work:

1. www.edriskibalama.com

A website on creatively designed inspirational quotes images and a

[portfolio](#) section outlining my achievements thus far.

2.

www.muslimhomeschoolsoftware.com

A website on Home Educational Software for children with an Islamised and Ethical curriculum

3.

www.intelligentmindsconsultancy.com

A website on IT support,
WordPress support and IT
consultancy

4. www.eddykibs.com

More of my inspirational quotes
merchandise

5. To contact me and see my works:

www.linkedin.com/in/edriskibalama/

5. Other published books

Search: “Edris Kibalama” on

www.amazon.co.uk

Bonus Chapter 1

3 types of souls

1. Mutma innah- Surah Fajr Verse

27(The break of day or The Dawn)

2. Lawwaamah- Chapter 75 Surah

Qiyaamah(The Resurrection) Verse 2

3.Amru bissuw-

Hisnul Muslim- Qahtani

3 types of hearts

1. Qalbun Saliim(A sound heart)

2. Qalbun Mareedh(A sick heart)

Oh Allah give us a complete cure
that leaves no illness Ameen.

3. Qalbun Mayyit(A dead heart)

May Allah protect us from this

Ameen

Bonus Chapter 2

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

1. If you don't let go to worldly love, you'll never know which relationship is meant to be permanent, and which was meant to be temporary; for the good of yourself.

Take the example of Prophet Ibrahim (upon him be peace and Salaam):

The important thing (wa Allahu A'laam/ and Allah knows best) is that Allah wanted Ibrahim ('aleihimussalaatu wa salaam/ upon him be peace and

Salaam) to sacrifice the love of his son from his own heart.

Like the story of the 2 sons of Adam; Allah wanted to see who would part from the dunia/worldly life from their hearts(wa Allahu A'laam/ and Allah knows best), by giving their best possessions i.e. the crops

Allah is Assamad(He is in need of noone/nothing, but all are in need of him).

So the conclusion is that Allah wants us to go to Him with Qalbun Salim(a pure heart).

May Allah allow us to live and die with Qalbun saliim(a pure heart)

May Allah guide us all

Ameen

Bonus Chapter 3

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

Fronting wouldn't be such an accurate name for 'gra gra', as they call it in Nigeria.

In Nigeria, the social system/ system of daily interaction/ operation is set by the people(of-course by the permission of Allah), in their own way.

Trying to compare Nigeria with another country is like trying to compare tomatoes and potatoes, they are not the same; a vegan would definitely tell you that. Some

Nigerians will go as far as telling
you that:

“There are the Blacks, the whites,
and then the Nigerians “

or thereabout, which in my (almost
a) years experience in Nigeria, I
would definitely agree with this
idiom. This is from the angle of
Nigeria and its people

I can categorically say that gragra is a spiritual system that Nigerians use to carry out their day to day tactical activities and strategies.

I must admit, I've never seen any system in the world so solid.

Much of their tactics and strategies(...) with regards to the 'gragra' is not even written down.

Gragra is a spiritually etched system in the souls of the people living in Nigeria (both Nigerians and

foreigners who have assimilated long enough in Nigeria).

As a practising Muslim(by the permission of Allah), I only wished to analyse the positive side of this so-called gragra.

In conclusion, at the end of the gragra, you get all the things you need(by the will of Allah), not necessarily what you want(especially if it is not good for

you). This is from an Islamic and spiritually inclined point of view.

Just as a final warning:

Nigeria is not for the faint-hearted nor the dumb-witted. You also have to have contacts in high places to (generally) positively live there.

Bonus Chapter 4

All praises be to Allah and
salutations and peace be upon the
Prophet Muhammad, His Family, His
Companions and all those that follow
him until the day of Judgement

To proceed

4 Parts to the Qadar(Pre- destiny of Allah)

1. Al 'Ilm(knowledge)

That Allah knows everything that was, everything that is(now), everything that is going to be/ that will happen(in the future), and also things that **if they were to happen**, how they would happen.

2. Al Kitaabah(The writing)

That Allah instructed the pen to write all the things that will happen(till eternity- And Allah knows best), 50, 000 years before the creation of the Heavens and Earth.

3. Mashi a(Will)

That everything happens by the will of Allah.

That we also a will, but ultimately, it is still under the will of Allah.

‘Aml(Action/ Deeds)

That Allah created/ creates
everything, including our actions.